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with *Our Donors*

Winter 2017

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For information on our **Grateful Patient Program**, please contact the Foundation Office or visit us on the web.

Caring Connections

An update for Friends Supporters

Geriatric Clinic serving more seniors than ever before!

Two years ago, The Friends of The Moncton Hospital (TMH) provided \$250,000 to renovate and relocate the Geriatric Clinic to a much larger and more convenient space on the main floor of TMH.

Since its grand opening in November, 2014, there has been increased patient usage and superior outcomes, as shared below, by Tara Mann, Manager, Physiotherapy Services, TMH.

Renovations for the Geriatric Clinic have significantly improved physiotherapy services for Greater Moncton's geriatric population.

Prior to the creation of the Geriatric Clinic on the 1st floor, physiotherapy services for seniors were offered to approximately 15 patients each month in a small room on the 5th floor that housed one bed and just a few pieces of equipment.

Thanks to the donation by the Friends of The Moncton Hospital, an average of 130 patients per month are now able to use the up-to-date equipment in the new, enlarged space.

The enhanced infrastructure and equipment has improved efficiency and effectiveness for the Physiotherapists, but the real success is for our seniors who need and use this service.

Assessments and therapy can be individualized for so many more patients now, to meet their specific needs. Specialized physiotherapy includes mobility and risk assessments for falls, education and training.

The goal for many patients is to reduce their risk of falling, to maintain their independence such as continuing to live in their own home for as long as they can.

Several group exercise classes are also now available to improve general strength, endurance and balance.



In photo (left to right): Tara Mann, Manager, Physiotherapy Services, TMH, Cornelia Evers, Clinic Patient, Holly Carhart, Physiotherapist

The Physiotherapy staff wishes to thank those donors and organizations who contributed to this Geriatric Clinic. With your help, our over 65+ population are notably benefiting from this enriched service."

