



Between Friends

A NEWSLETTER OF THE FRIENDS OF THE MONCTON HOSPITAL FOUNDATION INC.

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YOUR HOSPITAL. EMBRACE IT.

SUMMER 2013

Medical Milestone

Moncton Woman Attributes New Technology for Saving Her Life • Liver Resection Surgery at TMH Made Possible by Our Donors

Last September, 60 year old Patricia Apthorp's life turned upside down. After developing progressive constipation, she made an appointment with her doctor and following a series of tests, Patricia was devastated to learn that she had been diagnosed with colon cancer.

Unfortunately, her investigations showed that the cancer was advanced, having already spread to her liver. As the tumour in her colon was causing obstruction, she underwent surgery to remove it in November. She was then referred to a Medical Oncologist and Dr. Paul Renfrew, a Surgical Oncologist, who she now refers to as her "hero". Because she was active and in good health, Dr. Renfrew recommended a plan that involved treatment with chemotherapy, to be followed by surgery to remove the tumour from her liver, and then more chemotherapy after this surgery. Patricia was to be the first patient to undergo liver resection at The Moncton Hospital using the new equipment recently purchased by the Friends. In May, after



Patricia Apthorp and Dr. Paul Renfrew "Embrace the H" in appreciation of this life saving technology.

completing three months of chemotherapy, Dr. Renfrew performed the 5 hour surgery which removed the tumour from her liver.

The best news Patricia ever received was when Dr. Renfrew informed her that her surgery had been successful and there was no remaining evidence of cancer in her body. Patricia is grateful that she was able to have the surgery, 7 day recovery in hospital, and follow-up care close to home where she had the support of family and friends who remained by her side throughout the ordeal. Having to travel out of province

would have caused undo financial strain as Patricia was forced to stop working because of her illness.

"Dr. Renfrew saved my life with the advanced tools made available through donor dollars. He and the entire team at The Moncton Hospital are incredibly caring, attentive and knowledgeable while guiding my husband and I through the entire process. Our community is very fortunate to have such dedicated professionals to care for us and to the Friends Foundation for raising funds for this technology that we would not have otherwise," says Patricia.

Patricia has recovered very well

from her surgery and will complete her chemotherapy treatment by the early autumn. Although she realizes that her fight with cancer may not be over, with good health on her side and careful watching by her Oncology team, she now looks forward to the next chapter of her life with her husband, two adult children and her precious granddaughter.

DID YOU KNOW?

Liver resection surgery is usually done to remove various types of cancerous tumours from the liver. Just a few months ago, the majority of New Brunswick patients that required this surgery were referred to centres outside of the province. The recent acquisition of this technology at TMH has allowed our medical professionals to increase and expedite access to care, and reduce the logistical

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and financial strain for patients and their families that often accompanies having to travel out of province. Patients are also benefiting by being able to have follow-up care provided locally. The retractor system to perform liver resection surgery (which also benefits patients undergoing pancreatic, stomach and esophageal surgery) was \$35,000 which was purchased by The Moncton Hospital Nurses Health Care Auxiliary. Additionally, the diagnostic ultrasound system which cost \$70,000, is being used to determine the exact location of tumours and other critical structures, such as blood vessels, within the liver during surgery. This provides the surgeon with a real-time “road map” of the liver which increases the success and safety of the procedure. Dr. Paul Renfrew is pleased that he can offer this service here in New Brunswick. He states that Patricia is just one success story and anticipates that as many as 15 to 20 patients a year will benefit from this complex surgical service. Thus far, an estimated 15 patients undergoing liver, pancreas and stomach surgeries have been able to take advantage of this new equipment purchased via funds raised by this year's Friends campaign.

Friends Campaign Success Means Enhanced Patient Care at The Moncton Hospital



Neurosurgeons Dr. Dhany Charest, Dr. Charbel Fawaz (Chief of Neurosurgery), Dr. Peter Gorman and Dr. Robert Adams, celebrate the Friends Foundation exceeding its Annual Campaign Goal...raising \$850,000. Some of the funds will go toward the purchase of a new neuro microscope.

Advanced technology to enhance patient care has been made possible for the Surgery Program, Post Anesthesia Care Unit (PACU), the Neurosurgery Program and Respiratory Services (which includes the intensive care units) at The Moncton Hospital. This all thanks to the generosity of donors to the Friends of The Moncton Hospital Foundation, who not only helped reach the Annual Appeal goal of \$825,000 but exceed it by \$25,000!

The Moncton Hospital (TMH) recently improved its role as a leader in cancer care in New Brunswick by purchasing technology to provide liver resection surgery with funds contributed to this campaign.

A neuro microscope, which is used in the majority of neurosurgical procedures, has been ordered. This new \$350,000 system will bring current equipment to modern standards and allow for the program to run two fully operational operating rooms (OR) for neurosurgery. The microscope helps surgeons perform safer, more precise procedures and benefits patients by improving their outcomes and recovery.

Also on the list to purchase from campaign funds are monitors for the Post Anesthesia Care Unit (PACU). The monitoring equipment in PACU is quickly becoming obsolete and the success of this campaign now guarantees that they will be replaced. When a patient's surgical procedure is complete, it is important for them to continue to receive the same careful and specialized care during recovery.

Amanda Hunt, PACU Nurse Manager, says sophisticated monitors provide the ability to detect minute changes in a patient's condition, allowing for earlier intervention and improved outcomes for the

post surgical patient. Early intervention in certain situations can prevent serious complications.

Next on the list is vital breathing equipment for Respiratory Services at TMH, where every breath counts. A ventilator can be defined as any machine designed to mechanically move breathable air into and out of the lungs, to provide the mechanism of breathing for a patient who is physically unable to breathe, or breathing insufficiently. Thanks to the support of the community, the Foundation will purchase these lifesaving ventilators for use in the Medical Surgical Intensive Care (MSICU), Neurosurgical Intensive Care (NICU), Coronary Care (CCU) and Neonatal Intensive Care (NICU) Units. New technology will replace the old that will soon surpass its expected life span. Patients in any age group who experience respiratory distress to full respiratory arrest can require the use of ventilators.

Kirby Paptic, Director of Respiratory and Anesthesia Services, Horizon Health Network, Moncton Area, says most people take breathing for granted, but at the blink of an eye your life can change.

“With state-of-the-art equipment, a machine called a ventilator, essentially life support, can breathe for you until you can breathe for yourself. We make every breath count,” says Paptic.

Campaign Co-Chairs Maria Cormie and Steve Fowler are pleased about the extraordinary success of the campaign. “The community and our loyal donors have once again answered our call by donating \$850,000; for that we are truly grateful,” say Cormie and Fowler.

\$4 Million



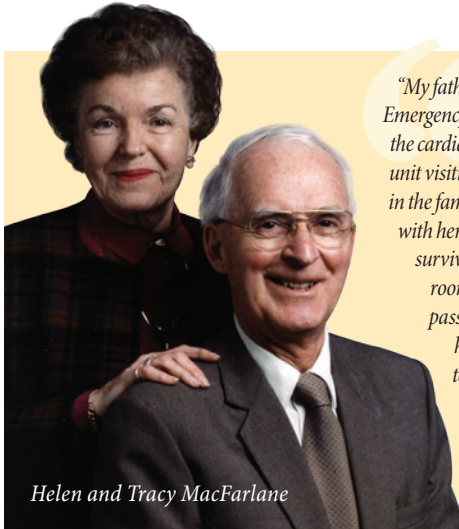
Did you know that the **Friends raised over \$4 million in the past fiscal year?** For more details as to what we, together, accomplished, check out our Annual Report to the Community @ friendsfoundation.ca

Nurse Ensures Couple Was Together Until the End

RN Kim Allen's compassion earned her a nomination as a MONCTON HERO through the Foundation's Grateful Patient Program. Tracy Wolfe, from Gaspé, Quebec is forever thankful for the exceptional care and support Kim provided to her parents Helen and Tracy MacFarlane prior to their passing on April 23rd and May 4th 2013 respectively.



RN Kim Allen was humbled and honoured to be presented with a plaque and hero pin for her exceptional care.



Helen and Tracy MacFarlane

"My father was already in the Cardiac Unit when my mother was in Emergency after suffering a heart attack. Kim, who was there as part of the cardiac response team, recognized her from having met her on the unit visiting with him. Kim came out to speak with my husband and I in the family room, and brought my father down in a wheelchair to be with her, in what was expected to be her final minutes. However, she survived, so Kim arranged for her to be put in the other bed in his room. My mother passed away there, two days later. My father passed away a week and a half after that. Both 92 years old, they had had a 70-year love affair and with Kim's help they were together almost to the end. In general, she was extremely kind and supportive in many ways, to me and the family during those very difficult five weeks."

- Tracy Wolfe

Thank you Tracy for sharing your story.

Grateful Parents Share Personal Stories Leaving Gala Attendees Touched and Inspired

There wasn't a "dry eye in the house" at the 9th Annual **Swing Into Spring Gala** held in April, after hearing the emotional journeys of two families who also expressed how grateful they were for the top notch equipment purchased by the Friends of The Moncton Hospital Foundation.

Sandra and Richie Moore's "miracle baby" Colton was born with spinal bifida. They attribute modern technology, Neurosurgeon Dr. Dhany Charest and the amazing team of caregivers for saving Colton's life.

Noah Lafferty also had a rough beginning in this world when he developed life-threatening pneumonia shortly after birth. The Neonatal Intensive Care Unit holds a special place in their hearts. They reassured other families who may face a similar situation that they will receive care that is second-to-none by the hospital's incredible staff, and can be comforted by the fact that they have the most modern tools available to them for critical treatment thanks to the Friends Foundation. The gala raised over \$56,000.



From left to right: Charlene, Grace, Jim and Noah Lafferty.



From left to right: Sandra, Colton and Richie Moore.

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Come in 135 MacBeath Ave., Moncton, NB E1C 6Z8
Call 506.857.5488
Click www.friendsfoundation.ca
Email Friends@HorizonNB.ca

We would love to hear your comments and suggestions. Call or write **Julie Thébeau** at 870.2699 or Julie.Thebeau@HorizonNB.ca



Donors Get a First Hand View of Equipment Purchased



Dr. Laura Gaudet, Maternal Fetal Medicine Specialist, provides a demonstration of the Advanced Prenatal Ultrasound System as donors look on.

Donors recently gathered at The Moncton Hospital to help celebrate campaign purchases from the past three Foundation appeals. Equipment that was on display included:

From the 2010 campaign for the Neonatal Intensive Care Unit

- Isolettes - formerly known as incubators
- Radiant Warmers - provide an environment designed to keep the baby's temperature stable. Unlike isolettes, these are wide open for accessibility allowing many staff to work on the neonate at one time - which is often necessary for the most critically ill babies
- RetCam - a digital imaging system capable of capturing ophthalmic images from the smallest premature infant to young children
- Clinical Systems Cardiac Monitors

From the 2011 campaign

- Radiofrequency Ablation Technology - this procedure can prevent or cure cancer of the esophagus

- Metrx System for minimally invasive spine surgery
- Advanced Prenatal Ultrasound System - this technology allows our two high-risk pregnancy specialists to work with families and physicians to optimize the health outcomes of unborn babies

From the 2012 campaign

- Retractor system to perform liver resection surgery
- Monitors for the Post Anesthesia Care Unit - provide the ability to detect minute changes in a patient's condition, allowing for earlier intervention and improved outcomes for the post surgical patient
- Ventilators for ICU's - designed to mechanically move breathable air into and out of the lungs, to provide the mechanism of breathing for a patient who is physically unable to breathe, or breathing insufficiently

Young Entrepreneurs. Young Philanthropists.

A big "shout out" goes out to these incredible young philanthropists/entrepreneurs who raised \$180 for the Friends from sales at their lemonade/coffee/cookie stand. Way to go kids!



From left to right: Lily Keech, Cassidy Churchill and Makayla Churchill. Missing from picture, Kaylee Comeau.

If you are already supporting the Friends of The Moncton Hospital as a financial donor...

THANK YOU

We encourage those who are able to give again to do so or pass this newsletter on to someone else who might like to help. Whatever your gift, it will make a difference - for patients, caregivers and the community itself.

Yes, I want to support the Friends of The Moncton Hospital Foundation.

I am enclosing a cheque in the amount of
 \$30 \$50 \$100 \$500 \$1000

I would prefer to send \$ _____
 Visa Mastercard AMEX
 Expiry Date _____
 Account Number _____
 Signature _____

I would prefer to make a monthly donation instead.
 I authorize the Friends of The Moncton Hospital Foundation to withdraw the indicated amount from my bank on the
 First day of each month
 Fifteenth day of each month
I have included a cheque marked "VOID"

I prefer to contribute monthly by credit card.
 Visa Mastercard AMEX
 Amount of monthly payment \$ _____
 Start Date _____
 Card Number _____
 Expiry Date _____
 Signature _____
 Telephone _____

Yes, please send me more information on making a bequest to the Friends.
 Name _____
 Address _____
 City _____
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